

Juniors Easter multi-sport programme 2017

English department

Week 1	Monday	Badminton
	Tuesday	Mountain biking
	Thursday	Geocaching
	Friday	Basketball
Week 2	Monday	Karate
	Tuesday	Horse riding
	Thursday	Urban games
	Friday	Bubble sports
Week 3	Monday	Arrow combat
	Tuesday	Fitness
	Thursday	Geocaching
	Friday	Climbing

French department

Week 1	Monday	Basketball
	Tuesday	Geocaching
	Thursday	Mountain biking
	Friday	Badminton
Week 2	Monday	Horse riding
	Tuesday	Karate
	Thursday	Archery
	Friday	Urban games
Week 3	Monday	Climbing
	Tuesday	Geocaching
	Thursday	Fitness
	Friday	Arrow combat

STANDARD INTENSIVE PROGRAMME

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:30 - 09:00	Breakfast					Breakfast	
09:00 - 10:30	Group lessons					Excursions	
10:30 - 11:00	Break						
11:00 - 12:30	Group lessons						
12:30 - 13:30	Lunch & free time						
13:30 - 15:00	Group lessons	Excursion		Group lessons			
15:00 - 15:20	Break			Break			
15:20 - 16:50	Sport / Art / Well-being			Sport / Art / Well-being			
16:50 - 17:10	Transition			Transition			
17:10 - 18:10	Sport / Art / Well-being			Sport / Art / Well-being			
18:10 - 18:30	Transition			Transition			
18:30 - 19:30	Dinner					Dinner	
19:30 - 20:30	Discovery activities					Film / Sport	Welcome Activities
20:30 - 21:00	Transition						
21:00 - 22:00	Free Expression						
22:00 - 22:30	Break & bed time					Break & bed time	

INTENSIVE PLUS SPORT PROGRAMME

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:30 - 09:00	Breakfast					Breakfast	
09:00 - 10:30	Group lessons					Excursions	
10:30 - 11:00	Break						
11:00 - 12:30	Group lessons						
12:30 - 13:30	Lunch & free time						
13:30 - 15:00	Group lessons	Excursion		Group lessons			
15:00 - 15:20	Break			Break			
15:20 - 16:50	Golf		Excursion		Golf		
16:50 - 17:10							
17:10 - 18:10							
18:10 - 18:30							
18:30 - 19:30	Dinner					Dinner	
19:30 - 20:30	Discovery activities					Film / Sport	
20:30 - 21:00	Transition						
21:00 - 22:00	Free Expression						
22:00 - 22:30	Break & bed time					Break & bed time	

STUDENTS' TIMETABLE ENGLISH DEPARTMENT	
7.30 am	Wake up
8.00 am	Breakfast
8.30 am	Lessons 1 and 2
10.00 am	Break
10.15 am	Lessons 3 and 4
11.45 pm	Change over
12.00 pm	Lunch
After lunch	Free time
1.00 pm	Lessons 5 and 6
2.30 pm	Break
Academic and Exams programmes Lessons 7 and 8 2.45 pm - 4.15 pm	Multisport programme Departure: 2.45 pm Activities: 3.00 pm – 5.00 pm
Sports and leisure activity on site 4.15 pm – 5.15 pm	
5.15 pm	Change over
5.30 pm	Sports and leisure activity on site
6.30 pm	Break
6.45 pm	Dinner
8.00 pm	Sports and leisure activity on site
9.00 pm	Break (for all and indoor calm activity)
9.30 pm	Bedtime PRE-TEENS
10. 30 pm	Bedtime TEENS
10.45 pm	Bedtime SENIORS

HORAIRE DES STAGIAIRES DEPARTEMENT DE FRANÇAIS	
8h00	Lever
8h30	Petit déjeuner
9h00	Leçons 1 et 2
10h30	Pause
10h45	Leçons 3 et 4
12h15	Transition
12h30	Déjeuner
Après le déjeuner	Temps libre
13h15	Leçons 5 et 6
14h45	Pause
Programmes Academic et Exams Leçons 7 et 8 15h00 – 16h30	Programme Multisport Départ : 15h00 Activités : 15h15 – 17h15
Activité d'animation sur site 16h30 – 17h30	
17h30	Transition
17h45	Activité d'animation sur site
18h45	Pause
19h15	Dîner
20h15	Activité d'animation sur site
21h15	Pause (pour tous et activité calme à l'intérieur)
21h30	Coucher des BENJAMINS
22 h 30	Coucher des ADOS
22 h 45	Coucher des SENIORS