

A TYPICAL DAY AT

Camp Headington

07:00 – 09:00

Wake up & breakfast

09:00 – 09:30

Basecamp

09:30 – 10:30

Explore

10:30 – 11:00

Break

11:00 – 12:30

Examine

12:30 – 13:30

Lunch

13:30 – 15:00

Experiment

15:00 – 15:30

Break

15:30 – 17:00

Summit

17:00 – 18:30

Down Time

Relax, connect with home, unwind

18:30 – 19:30

Dinner

19:30 – 21:00

Awesome Activities

21:00 – 21:30

House Time

Juice and biscuits with House Parents and Pastoral Activity Leaders

21:30

Lights out

09:00 – 09:30

Basecamp

Every day begins with the whole camp coming together to prepare for the adventure ahead. Students are introduced to the day's theme, take part in a short energiser and discover the challenges and experiences waiting for them.



09:30 – 10:30

Explore

Every morning begins with a big question linked to the day's theme. Students investigate topics such as the environment, engineering, or meteorology through engaging lessons, discussion and practical activities that encourage curiosity from the very start.



11:00 – 12:30

Examine

Students dig deeper through enquiry and investigation. Working in groups, they analyse evidence, solve problems and develop ideas together, using English naturally as they discuss, question and collaborate.



13:30 – 15:00

Experiment

Learning moves beyond the classroom as students apply their knowledge through practical challenges, outdoor investigations and fieldwork. Whether collecting data, designing solutions or exploring Oxford, students experience science in action.



15:30 – 17:00

Summit

Every day ends by bringing learning together. Teams share discoveries, take part in challenges, demonstrate solutions and reflect on what they've achieved, celebrating the learning they've done that day.



19:30 – 21:00

Awesome Activities

Every evening offers something different, from Capture the Flag and Team Challenges to Trashion Show, Talent Night and Secret Cinema. It's an opportunity to relax, meet new friends and enjoy being part of the Camp Headington community.



SAMPLE

Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
🕒 07:00 - 09:00 Wake-up & Breakfast							
	🎵 09:00 - 09:30 Basecamp						
	 09:30 - 10:30 Welcome to Camp Headington	 09:30 - 10:30 Explore Engineering Design Challenge	 09:30 - 10:30 Explore How Can a Shelter Survive the Elements?		 09:30 - 10:30 Explore Why does weather change?	 09:30 - 10:30 Hero Activities	
	🎵 10:30 - 11:00 Play				🎵 10:30 - 11:00 Play		
	 11:00 - 12:30 Building Your Expedition Team	 11:00 - 12:30 Examine Think Like an Engineer Design, Test & Improve	 11:00 - 12:30 Examine Strong Shapes & Weatherproof Materials		 11:00 - 12:30 Examine Clouds, Forecasts & Extreme Weather	 11:00 - 12:30 Hero Activities	
	🕒 12:30 - 13:30 Lunch				🕒 12:30 - 13:30 Lunch		
	 13:30 - 15:00 Camp Headington Explorer Challenge		 13:30 - 15:00 Bushcraft & Den Building Workshop		 13:30 - 15:00 Experiment Build a Mini Weather Station	 13:30 - 15:00 Awesome Activities	
	🎵 15:00 - 15:30 Play		🎵 15:00 - 15:30 Play		🎵 15:00 - 15:30 Play		
	 15:30 - 17:00 Summit Staff Safari!		 15:30 - 17:00 Summit Shelter Test!		 15:30 - 17:00 Summit Weather Emergency!	 15:30 - 17:00 Highland Games	
👥 17:00 - 18:30 Down Time			👥 17:00 - 18:30 Down Time				
🕒 18:30 - 19:30 Dinner						 18:30 - 20:30 Pizza & Outdoor Cinema	
🌐 19:30 - 21:00 Awesome Activities							
👥 21:00 - 21:30 Down Time							
🌙 21:30 Bed Time							

Sample timetables illustrate a typical week for residential students and are subject to change.