

**SUMMER  
2024**

# **NIKE DANCE CAMPS.**





# LEARN. DANCE. PLAY.

Residential 1- and 2-week camps in July and August for boys and girls aged 10-17 at Bradfield College, a prestigious UK private school, near London.

Enjoy feel-good fitness and learn moves from around the world with our expert dance instructors from At Your Beat, a leading London dance studio. Students can choose to focus exclusively on dance in the Total Dance programme or take daily English lessons alongside their training. Camps include an action-packed schedule and a diverse mix of nationalities, ensuring students maximise their learning and gain a valuable cultural experience.





# CONTENTS

<b>CAMP OPTIONS</b>	<b>04</b>
<b>DANCE TRAINING</b>	<b>05</b>
<b>ENGLISH TEACHING</b>	<b>08</b>
<b>WORKSHOPS</b>	<b>09</b>
<b>VENUE</b>	<b>10</b>
<b>EXCURSIONS</b>	<b>13</b>
<b>LIFE ON CAMP</b>	<b>14</b>
<b>DATES + DETAILS</b>	<b>15</b>





# CAMP OPTIONS

Choose from either **TOTAL DANCE** or **DANCE + ENGLISH**.  
Both options are available as a 6- or 13-night camp.

## OPTION 1

### TOTAL DANCE

- Up to 24 hours a week of dance training with At Your Beat
- Up to 8 hours a week of sports-related workshops
- Suitable for all English language abilities except beginners

## OPTION 2

### DANCE + ENGLISH

- Up to 24 hours a week of dance training with At Your Beat
- Up to 13 hours a week of English Language lessons using an accelerated model of English learning
- Suitable for all English language abilities

## ALL CAMPS INCLUDE



DANCE TRAINING  
WITH AT YOUR BEAT



24/7  
SUPPORT STAFF



ON-SITE  
ACCOMMODATION



EXCLUSIVE NIKE  
GIFT PACK



SPORTS WORKSHOPS  
OR ENGLISH LESSONS



3 NUTRITIONALLY  
BALANCED MEALS A DAY



EXCURSIONS TO  
CITIES + LANDMARKS



COMPLETION  
CERTIFICATE





# DANCE TRAINING

## 360° DANCE

The one- or two-week programme is a roller-coaster journey through different modern styles and techniques. Dance instructors bring the signature At Your Beat enthusiasm and expertise, working towards a final performance at the end of the week showcasing a unique mash-up of all the styles covered.

## BE YOURSELF

With a focus on individual expression, creativity and fun, the supportive environment encourages dancers to reach their full potential. Absorbing the energy from each class, dancers leave each session feeling uplifted, with new-found confidence both in and out the studio.

## CLASSES

### URBAN BEAT

Find your beat with one of the most varied and widely danced styles.

### VIDEO BEAT

Dance to iconic music videos and get a glimpse into the world of a dancer!

### K-POP BEAT

Fresh choreography dancing to iconic K-pop routines you know and love!

### JAZZ BEAT

Time to get serious with clean lines, building a stronger core, learning how to turn, jump and leap!



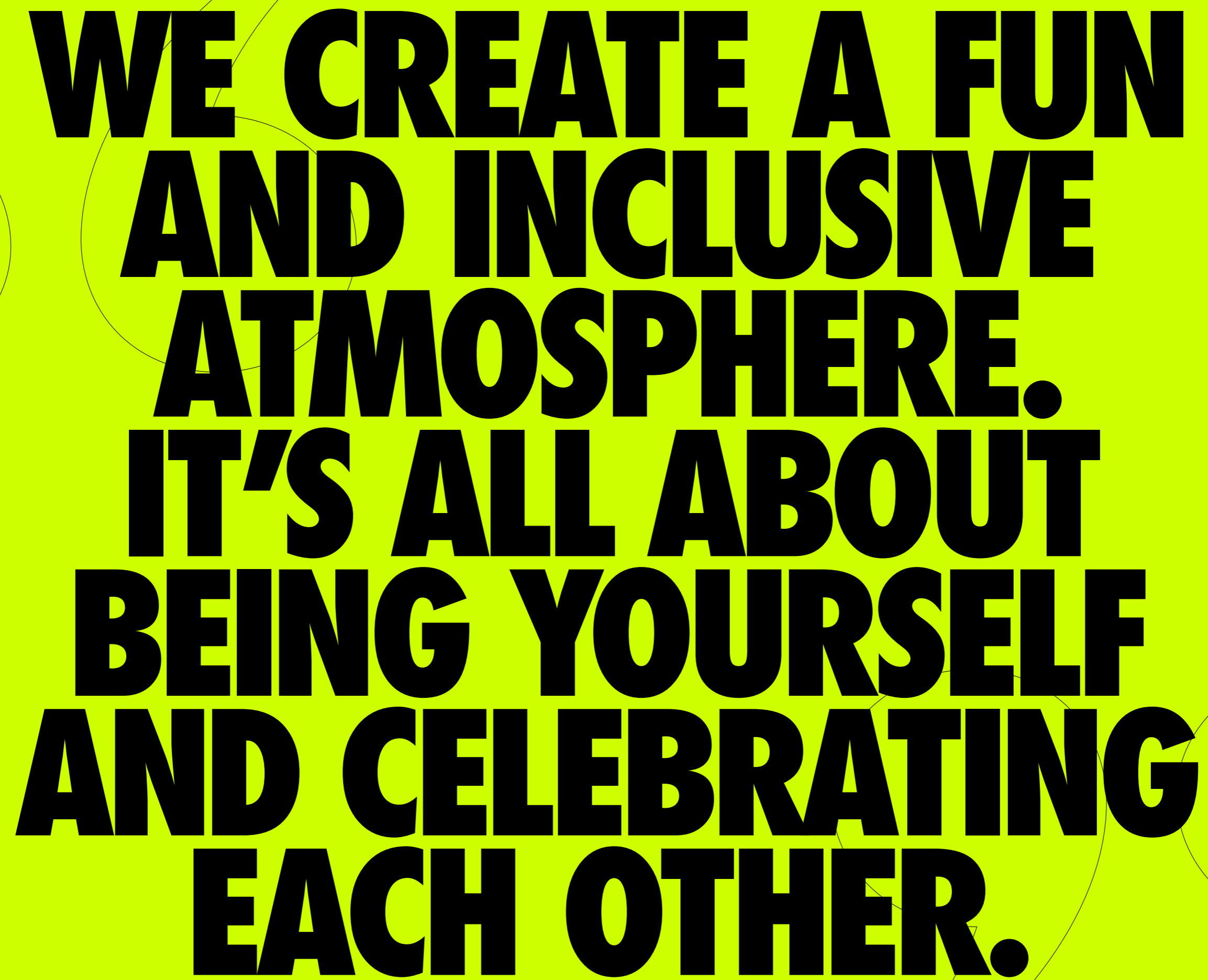
# MEET THE DANCE TRAINERS



## AT YOUR BEAT

With studios in London and New York, At Your Beat dance instructors are some of the most respected and charismatic dancers in London, often working with the very artists who inspire the moves.

Nike trainer and founder Joelle D'Fontaine has created the ultimate inclusive environment and flexible curriculum for dancers of all ages and abilities. Working in partnership for 3 years, At Your Beat instructors provide an unforgettable experience in the studio for all students on Nike Dance Camps.



**WE CREATE A FUN  
AND INCLUSIVE  
ATMOSPHERE.  
IT'S ALL ABOUT  
BEING YOURSELF  
AND CELEBRATING  
EACH OTHER.**

**– JOELLE D'FONTAINE, AT YOUR BEAT DIRECTOR**

# TAKING PASSION FOR DANCE INTO THE CLASSROOM



## ENGLISH TEACHING

### WHAT TO EXPECT




Classes focus on sport, harnessing students' passion for the subject to promote language learning in a fun and interactive environment. Using the CLIL (Content and Language Integrated Learning) model of English, qualified teachers infuse language learning into lively and active classes where sports-based projects, discussions and activities take centre stage.

Teachers guide students to improve their verbal communication skills while discussing legendary sports people and events, interviewing coaches, or writing and speaking their own commentary of a famous sporting moment. Learning is supported by English teachers living on-site and English is spoken at all times throughout the camp, creating an immersive learning environment.

### HOW IT WORKS

Students are grouped into classes based on a combination of age and ability. They complete a short online assessment before the camp starts and then speak with a teacher on arrival to ensure they are correctly placed for their level. At the end of the camp, each player receives a written report and advice on how to continue their learning at home.

### WHAT'S INCLUDED

-  UP TO 13 HOURS OF ENGLISH LESSONS PER WEEK
-  1:12 TEACHER TO STUDENT RATIO (AVERAGE)
-  INDIVIDUAL REPORT TO TAKE HOME





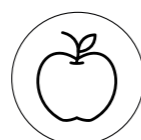
# WORKSHOPS

## WHAT TO EXPECT

Players taking the Total Sport option follow a series of workshops and recovery activities throughout the camp. They are introduced to a range of topics designed to give a broader view and better understanding of athletic performance, and what it takes to succeed. Recovery exercises, such as yoga, help players manage the workload of training 2 sessions each day.



## WORKSHOP EXAMPLES



### NUTRITION

WHY WHAT YOU EAT  
AND DRINK MATTERS



### DIVERSITY & INCLUSION

LEVELLING THE PLAYING FIELD  
AND EMBRACING DIVERSITY



### ELITE PERFORMANCE

WHAT IT TAKES TO PERFORM  
AT THE HIGHEST LEVEL



### YOGA

INJURY PREVENTION AND  
INCREASING FLEXIBILITY



### WELLNESS

UNDERSTANDING PHYSICAL  
AND MENTAL HEALTHY HABITS

ELEVATE  
YOUR  
DANCE  
OUTSIDE  
THE  
STUDIO





# BRADFIELD COLLEGE READING

## LEADING UK PRIVATE SCHOOL WITH MODERN DANCE STUDIO

Located in the heart of the beautiful Berkshire countryside, yet only 45 minutes from London Heathrow, Bradfield College is one of the country's leading private schools, with a reputation for academic and sporting excellence. The College has impressive sporting facilities including a modern dance studio with a sprung floor and natural light.

With its inclusive international environment and inspiring setting, Bradfield College is the perfect home for Nike Dance Camps in the UK.

### SUITABLE FOR

- Girls and boys aged 10-17
- All dance abilities





# BRADFIELD COLLEGE

## THE DETAILS

### ACCOMMODATION

Mix of single and shared bedrooms

### TRANSFERS

We offer an airport shuttle service from the following airports:

- London Heathrow Airport (LHR) 32 miles / 51km
- London Gatwick Airport (LGW) 60 miles / 96km

### EXCURSIONS

#### ALL CAMPS

- Theme Park or
- Oxford Tour

#### 13-NIGHT CAMPS ONLY

- London Experience

### FACILITIES

- Modern dance studio
- Indoor sports centre
- Players' lounge with TV, table tennis and games consoles
- Free Wi-Fi
- Laundry facilities
- On-site camp shop



## 2024 CAMP DATES

### 6-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 07 Jul
- 08 Jul - 14 Jul
- 15 Jul - 21 Jul
- 22 Jul - 28 Jul
- 29 Jul - 04 Aug
- 05 Aug - 11 Aug

### 13-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 14 Jul
- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug



**AS A FAMILY  
WE'VE SEEN SUCH  
A POSITIVE CHANGE  
IN OUR DAUGHTER,  
SHE IS ALREADY  
ASKING TO  
GO BACK NEXT YEAR!**

**— PARENT, DANCE CAMP 2023**



# CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions.



## THEME PARK

### EVERY OTHER WEEK

There's something for everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.



## OXFORD TOUR

### EVERY OTHER WEEK

Players explore the historic city of Oxford, home to the oldest university in the English-speaking world, with magnificent architecture and academic history around every corner.



## LONDON EXPERIENCE

### 13-NIGHT CAMPS ONLY

Players experience the sights of England's capital city including the famous 'Big Ben' and Buckingham Palace, rounding the day off with the chance to do some shopping.





# LIFE ON CAMP

Camps are action-packed with sport, learning and meeting friends from around the world. Here are some useful insights about life on camp and how players are looked after.

## ACCOMMODATION

Players stay in boarding houses on campus based on age group, with boys and girls in separate houses. All houses have a communal players' lounge for relaxing during downtime. Some boarding houses have single bedrooms only. Where houses have shared bedrooms, we may be able to accommodate roomshare requests.

## DIET, NUTRITION AND HYDRATION

Meals are nutritionally balanced and designed for young athletes. There are a variety of options to choose from, including a vegetarian option. Welfare staff guide each player to ensure they are eating and drinking enough of the right foods during the camp. Coaches ensure players drink plenty of water during training sessions.

## WELFARE STAFF

There is a dedicated camp management and welfare team on-site all day and night. They are trained to look after players' wellbeing and are always on hand to help, support and guide campers to reach their full potential.

## MEDICAL AND INJURY

A nurse is available each day to monitor illness, medical conditions and dispensation of medication. Further support and advice is provided by an on-call private doctor. Sports therapists or physiotherapists are present during sports sessions in case of injuries and subsequently to advise on recovery.






## A TYPICAL DAY

### MORNING

-  BREAKFAST
-  MORNING MEETING
-  DANCE TRAINING

### AFTERNOON

-  LUNCH
-  ENGLISH OR WORKSHOPS
-  RECOVERY + WELLNESS

### EVENING

-  DINNER
-  DANCE TRAINING
-  RELAX + LIGHTS OUT





# DATES + DETAILS

## BRADFIELD COLLEGE

### AVAILABLE CAMPS

#### TOTAL DANCE

- Up to 24 hrs of dance a week
- Up to 8 hrs of workshops a week

#### DANCE+ENGLISH

- Up to 24 hrs of dance a week
- Up to 13 hrs of English a week

### 6-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 07 Jul \*
- 08 Jul - 14 Jul
- 15 Jul - 21 Jul \*
- 22 Jul - 28 Jul
- 29 Jul - 04 Aug \*
- 05 Aug - 11 Aug

### 13-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 14 Jul
- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug

### DESIGNED FOR

- Girls and boys aged 10-17
- All dance abilities

### EXCURSIONS

- Oxford Tour (weeks with\*)
- Theme Park Experience (weeks without \*)
- London (13-night camps only)





# BOOK A DANCE CAMP TODAY.

**SPEAK TO YOUR  
AUTHROISED AGENT.**



Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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## BOOKING FORM 2024

Please note all fields are mandatory and must be completed digitally. Handwritten forms will not be accepted. To the extent certain fields are incomplete we, CMT Learning Ltd, reserve the right to return the booking form to you.

**If you would like to book consecutive weeks, please tick all that apply. Camps run on 1- and 2-week cycles starting every week.**

Bitte senden Sie Ihr Anmeldeformular an:  
info@edulingo.de oder Fax: +49 (0)881 927 96 561  
Bei Fragen Tel.: +49 (0)881 927 96 560

### CAMP DETAILS

#### DATES

(MONDAY-SUNDAY)

#### BRADFIELD COLLEGE

FOR: BOYS+GIRLS AGED 10-17

01 JULY - 07 JULY

08 JULY - 14 JULY

15 JULY - 21 JULY

22 JULY - 28 JULY

29 JULY - 04 AUGUST

05 AUGUST - 11 AUGUST

#### CAMP OPTION >

TOTAL DANCE

DANCE + ENGLISH

### WHO IS COMPLETING THIS FORM?

To complete this form, you must be one of the following.  
By checking the box below, you confirm you are:

The parent / guardian of the student

Authorised by the student's parent /  
guardian to complete this booking form

TITLE

FIRST NAME

LAST NAME

RELATIONSHIP TO STUDENT



## BOOKER DETAILS

ADDRESS

TITLE

FIRST NAME

LAST NAME

EMAIL

PHONE 1

PHONE 2

COUNTRY OF RESIDENCE

RELATIONSHIP TO

STUDENT

## STUDENT DETAILS

FIRST NAME

LAST NAME

DATE OF BIRTH (DD/MM/YYYY)

GENDER (Male, Female, Other)

NATIONALITY

STUDENT MOB (for emergency use)

**Has this student attended a Nike Camp in the UK before?**

YES. If so, which year?

NO

## EMERGENCY CONTACTS

### EMERGENCY CONTACT 1

This MUST be a parent of the child and this section MUST be completed to accept your booking.

TITLE

PARENT FIRST NAME

PARENT LAST NAME

PARENT EMAIL

PARENT PHONE 1

PARENT PHONE 2

PARENT'S COUNTRY OF RESIDENCE

Mother / Father / Legal Guardian?

### EMERGENCY CONTACT 2

TITLE

FIRST NAME

LAST NAME

EMAIL

PHONE 1

PHONE 2

RELATIONSHIP TO STUDENT

Mother / Father / Legal Guardian / Other (please specify)

## ROOM SHARE REQUEST

It may be possible for students to share a room. However, some venues only have single bedrooms and students may only share if they are of the same gender and within 2 years of each other's age. Room sharing cannot be guaranteed.

**If the student has a friend or sibling that they would like to stay in a room with, please state their name:**



## MEDICAL QUESTIONS

**Does this student have asthma or any other similar condition?**

YES NO

**IF YES:**

1. What is the name of the inhaler and strength of the inhaler?

2. What is the dosage and frequency of use of the inhaler?

3. Are there any storage instructions for the inhaler?

Has the student been hospitalised with this condition in the past 5 years?

YES NO

**IF YES:** Please provide a doctors note to [medical@eurosportscamps.com](mailto:medical@eurosportscamps.com) stating the student is able to take part in an intensive sports programme

**Does this student have diabetes?**

YES NO

**IF YES:** Please provide details of the student's healthcare plan to manage their diabetes

**Does the student have epilepsy or any other condition that causes blackouts, fits, or fainting?**

YES NO

**IF YES:**

1. When was the student's last seizure?

2. What do the student's seizures usually look like?  
E.g. what are the first signs? What happens next?

**Does the student have any diagnosed mental health conditions?**

YES NO

**IF YES:** Please describe the condition(s) and include any details on how our team can support them

**Does the student have any other existing medical conditions which may affect their ability to fully engage in a residential sports programme?**

YES NO

**IF YES:** Please describe the medical condition(s)

## MEDICATION

Medication must be bought in its original box and should have instructions in English.

Students should not bring non-prescribed medication such as ibuprofen and paracetamol, these will be provided by the camp and administered by qualified medical staff.

**Will the student be bringing any medication from their Family Doctor/Paediatrician/GP to camp?**

YES NO

**IF YES:**

1. Please provide the name(s) of the medication

2. Please provide details on the dosage and frequency instructions for this medication(s) including when the medication should be taken

3. Please provide storage instructions for this medication(s)



## ALLERGIES

Students with a history of severe allergic responses (needing treatment with Adrenaline auto-injectors) will be expected to bring two injector pens that will be within their expiry date.

**Does the student have any food allergies?**

YES NO

**IF YES:**

1. Please describe the allergy

2. Please confirm the student can self-identify which food they are able to eat

3. Does the student carry any emergency treatment for this allergy?

YES NO

**IF YES:** Please provide details of the emergency treatment

**Does the student have any other allergies?**

YES NO

**IF YES:**

1. Please describe the allergy

2. Does the student carry any emergency treatment for this allergy?

YES NO

**IF YES:** Please provide details of the emergency treatment

**Has the student been hospitalised with an extreme allergic reaction in the past 5 years?**

YES NO

**IF YES:** Please email us immediately at [medical@eurosportscamps.com](mailto:medical@eurosportscamps.com) with further details

**Does the student have any special dietary requirements?**

YES NO

**IF YES:** Please give details of their dietary requirements

## WELFARE

**Does the student have a background of neurodiversity?  
e.g autism or ADHD**

YES NO

**IF YES:** Please provide more details here

**Does the student need any additional learning support in the classroom or in workshops?**

YES NO

**IF YES:** Please provide more details here

**Does the student need support with social interaction?**

YES NO

**IF YES:** Please provide more details here

**If there is anything else regarding the student that you would like our team to be aware of, please mention it here**



## TRANSFERS

Transfers are available to/from London Heathrow Airport (LHR) and London Gatwick Airport (LGW) at the following times:

**Arrival Transfer:** for flights arriving between 08:00 and 16:00 on Monday (first day of camp)

**Departure Transfer:** for flights departing between 11:00 and 18:00 on Sunday (final day of camp)

### Please indicate if you require airport transfers:

- Return Transfers
- Arrival only
- Departure only
- No transfers required
- Not sure yet

**If you have already booked flights, please provide details.**

**If you do not have your flight details yet, please provide them to us by email at least 6 weeks prior to the camp start date.**

### ARRIVAL TRANSFERS

London Heathrow (LHR)

London Gatwick (LGW)

TERMINAL

AIRLINE

FLIGHT NUMBER

FLIGHT DEPARTURE TIME

FLIGHT ARRIVAL TIME

FROM WHICH CITY

FROM WHICH COUNTRY

IS THIS A DIRECT FLIGHT?      YES      NO

**IF NO:** Please provide flight number of connecting flight

Have you booked an unaccompanied minor service with the airline?

YES      NO

How is the student flying? Please specify (on their own / with parent/guardian / with another student and parents / with airline unaccompanied minor service /other)

### DEPARTURE TRANSFERS

London Heathrow (LHR)

London Gatwick (LGW)

TERMINAL

AIRLINE

FLIGHT NUMBER

FLIGHT DEPARTURE TIME

FLIGHT ARRIVAL TIME

TO WHICH CITY

TO WHICH COUNTRY

IS THIS A DIRECT FLIGHT?      YES      NO

**IF NO:** Please provide flight number of connecting flight

Have you booked an unaccompanied minor service with the airline?

YES      NO

How is the student flying? Please specify (on their own / with parent/guardian / with another student and parents / with airline unaccompanied minor service /other)



## CONSENT

### Health Data GDPR Consent

We need your consent to process certain categories of personal health data relating to the student under applicable data protection legislation so that we have a record of any health conditions affecting students and can provide suitable care. We may also disclose health data to health professionals assisting us in providing arrangements or care for students.

You have the right to withdraw the consent granted by you in this form by emailing us at [info@eurosportscamps.com](mailto:info@eurosportscamps.com). This does not affect the lawfulness of the consent prior to its withdrawal and we may still be entitled to process health data for the purposes of safeguarding.

I give permission to processing the special categories of personal data set out above.

I agree that first-aid-qualified staff may treat the student for minor injuries (including cuts, grazes, sprains, bruises, and blisters) during the camp. Please note we cannot accept bookings without this consent.

I agree to camp staff administering non-prescription medicine (e.g. paracetamol, aspirin, cough medicine) during the camp.

### Do you give permission for the student to attend off-site excursions?

YES NO

### Do you give permission for the student to go swimming at venues with swimming pools?

YES NO

### Do you agree that Euro Sports Camps may use photographs and other images of the student in their marketing materials?

YES NO

## TERMS AND CONDITIONS

For more details about the terms of your booking, please see our Booking Terms and Conditions, available at [eurosportscamps.com/booking-terms-conditions](https://eurosportscamps.com/booking-terms-conditions)

For more details about how we use the personal data relating to you or the student, please read our Privacy Policy, available at [eurosportscamps.com/privacy-policy](https://eurosportscamps.com/privacy-policy)

I confirm that all the information set out in this form is complete and accurate to the best of my knowledge and that I have read, understood and I accept the booking terms and conditions on the Euro Sports Camps website ([www.eurosportscamps.com](https://www.eurosportscamps.com)) and (as applicable) have made the holder of parental responsibility to the student aware of these terms and conditions.

Bitte senden Sie Ihr Anmeldeformular an:  
[info@edulingo.de](mailto:info@edulingo.de) oder  
Fax: +49 (0)881 927 96 561

Bei Fragen: Tel.: +49 (0)881 927 96 560

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