

SUMMER
2024

NIKE FOOTBALL CAMPS.



FOUNDATION



TRAIN LIKE A CHELSEA PLAYER.

Residential 1- or 2-week summer camps for girls aged 12-17 with Chelsea FC Foundation at a leading English private school near London.

Players are coached by Chelsea FC Foundation in a training programme inspired by the Girls' Centre of Excellence curriculum at Chelsea FC Women, 2023 Super League champions. These camps are designed for girls who play football regularly for school or at club level. Players can choose to focus entirely on developing their game on and off the pitch with the Total Football option or improve their English language skills alongside their football with the Football + English option.





CONTENTS



CAMP OPTIONS	04
COACHING	06
CHELSEA FC TRAINING CENTRE	08
ENGLISH TEACHING	10
WORKSHOPS	11
VENUES	12
CAMP EXCURSIONS	15
LIFE ON CAMP	16
DATES + DETAILS	17



CAMP OPTIONS

Choose from either **TOTAL FOOTBALL** or **FOOTBALL + ENGLISH**.
Both options are available as a 6- or 13-night camp.

OPTION 1

TOTAL FOOTBALL

- Up to 24 hours a week of coaching and games with Chelsea FC Foundation
- Up to 8 hours a week of football-related workshops
- Suitable for all English language abilities except beginners

OPTION 2

FOOTBALL + ENGLISH

- Up to 24 hours a week of coaching and games with Chelsea FC Foundation
- Up to 13 hours a week of English Language lessons using an accelerated model of English learning
- Suitable for all English language abilities

ALL CAMPS INCLUDE



COACHING WITH
CHELSEA FC



24/7
SUPPORT STAFF



FOOTBALL WORKSHOPS
OR ENGLISH LESSONS



ON-SITE
ACCOMMODATION



EXCLUSIVE NIKE
GIFT PACK



3 NUTRITIONALLY
BALANCED MEALS A DAY



EXCURSIONS TO CITIES
+ STAMFORD BRIDGE

**AT CHELSEA WE TRY TO
PRODUCE THE BEST YOUNG
PLAYERS TO PERFORM
AT THE HIGHEST LEVEL
WITHIN THE WOMEN'S GAME.**

**THE CAMPS ARE A
GREAT CHANCE FOR
YOUNG FEMALE PLAYERS TO
EXPERIENCE THIS APPROACH
TO PLAYER DEVELOPMENT.**

– EMMA HAYES, CHELSEA FC MANAGER



COACHING

RAISE YOUR GAME

The coaching curriculum is designed and delivered by Chelsea FC Foundation, one of the world's leading football, education and community programmes. Players discover what it takes to become 6-times Women's Super League Champions like Chelsea FC Women and gain an insight into life a young Chelsea FC player.

Coaches challenge players at every level and share insights into what it takes to succeed at the top of the game. A weekly football awards night on Friday celebrates success with prizes for performance and attitude throughout the week.



COACHING PROGRAMME



TRAIN LIKE A PRO

Set within a world-famous English boarding school, this popular programme challenges players to improve at every level. High-intensity daily training sessions focus on playing as a team in the Chelsea FCW style whilst preparing to play competitive matches later in the week. Players are also challenged on an individual level to improve technically and tactically through a series of pro-style drills, skills challenges and small-sided games. Goalkeepers train in one technical session each day, then join outfield players for the second session to further understand gameplay situations.

**IMPROVE
YOUR
SKILLS**

Players leave with a better understanding of the game and what it takes for a team to be successful. Showcasing their new-found skills in game scenarios, they understand how coaching drills and challenges throughout the week translate to match performance. As well as progressing on the pitch, players make new friends from around the world and develop maturity, confidence and an understanding of different cultures.





CHELSEA FC TRAINING CENTRE



WHAT TO EXPECT

Every week, players experience what it's like to be a professional Chelsea FC player with a day of training at their Chelsea FC Training Centre.

Sessions focus on game play situations and encourage players to put the skills they've gained throughout the week into practice.

During the day, Chelsea FC's expert staff team, together with occasional special guest speakers, offer young players knowledge and insight into the professional game.



TRAIN
LIKE
A
CHELSEA
PLAYER

**WE GIVE PLAYERS
THE TOOLS AND INSIGHT
TO IMPROVE,
AND TO UNDERSTAND
WHAT IT TAKES TO PLAY
AT A HIGHER LEVEL**

– HEAD COACH, CHELSEA FC FOUNDATION



TAKING PASSION FOR FOOTBALL INTO THE CLASSROOM



ENGLISH TEACHING

WHAT TO EXPECT

Classes focus on sport, harnessing students' passion for the subject to promote language learning in a fun and interactive environment. Using the CLIL (Content and Language Integrated Learning) model of English, qualified teachers infuse language learning into lively and active classes where sports-based projects, discussions and activities take centre stage.

Teachers guide students to improve their verbal communication skills while discussing legendary players, interviewing coaches, or writing and speaking their own match commentary. Learning is supported by English teachers living on-site and English is spoken at all times throughout the camp, creating an immersive learning environment.

HOW IT WORKS

Students are grouped into classes based on a combination of age and ability. They complete a short online assessment before the camp starts and then speak with a teacher on arrival to ensure they are correctly placed for their level. At the end of the camp, each player receives a written report and advice on how to continue their learning at home.

WHAT'S INCLUDED

-  UP TO 13 HOURS OF ENGLISH LESSONS PER WEEK
-  1:12 TEACHER TO STUDENT RATIO (AVERAGE)
-  INDIVIDUAL REPORT TO TAKE HOME





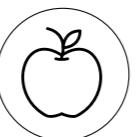
WORKSHOPS

OFF THE PITCH

Players taking the Total Football option follow a series of workshops and recovery activities throughout the camp. Specialist staff and coaches deliver in-depth workshops to players, giving them an insight into how Chelsea FC players excel on the pitch, and what it takes to succeed at the highest level. Outside the classroom recovery exercises, such as yoga, help players manage the workload of training twice a day.



WORKSHOP EXAMPLES



NUTRITION

WHY WHAT YOU EAT AND DRINK MATTERS



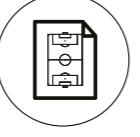
TALENT IDENTIFICATION

WHAT DO CHELSEA FC LOOK FOR IN YOUNG PLAYERS?



DREAM TEAM

WHICH PLAYERS MAKE YOUR WORLD XI?



MATCH ANALYSIS

HOW CAN YOU INFLUENCE THE GAME MORE?



WELLNESS

UNDERSTANDING PHYSICAL AND MENTAL HEALTHY HABITS





CHARTERHOUSE SCHOOL SURREY



**AN
INTERNATIONALLY
REOWNED UK
PRIVATE SCHOOL**

Founded in the 1600s, Charterhouse has been home to Nike Football Camps with Chelsea FC Foundation since 2019.

The school has been on its current site in Surrey, near London, since 1847, with 240 acres of grounds and a breathtaking main school building surrounded by many more modern additions. Considered one of the leading schools in the UK, Charterhouse's rich footballing history includes being involved in defining the rules of the modern game at the first meeting of the Football Association in 1863.

With 12 immaculate natural grass football pitches spread across the idyllic campus, the school provides an inspiring environment for players to elevate their skills.

SUITABLE FOR

- Girls aged 12-17
- Players who play regularly for school or club





CHARTERHOUSE SCHOOL THE DETAILS

ACCOMMODATION

Mostly singles, some shared bedrooms

TRANSFERS

We offer an airport transfer service from the following airports:

- London Heathrow Airport (LHR) 27 miles / 43km
- London Gatwick Airport (LGW) 38 miles / 61km

EXCURSIONS

ALL CAMPS

- Chelsea FC Training Centre
- Stamford Bridge Stadium + Museum

13-NIGHT CAMPS ONLY

- London Experience
- Theme Park

FACILITIES

- 12 grass football pitches
- Tartan athletics
- Indoor swimming pool
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- On-site camp shop
- Laundry facilities



2024 CAMP DATES

6-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 07 Jul
- 08 Jul - 14 Jul
- 15 Jul - 21 Jul
- 22 Jul - 28 Jul
- 29 Jul - 04 Aug
- 05 Aug - 11 Aug

13-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 14 Jul
- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug

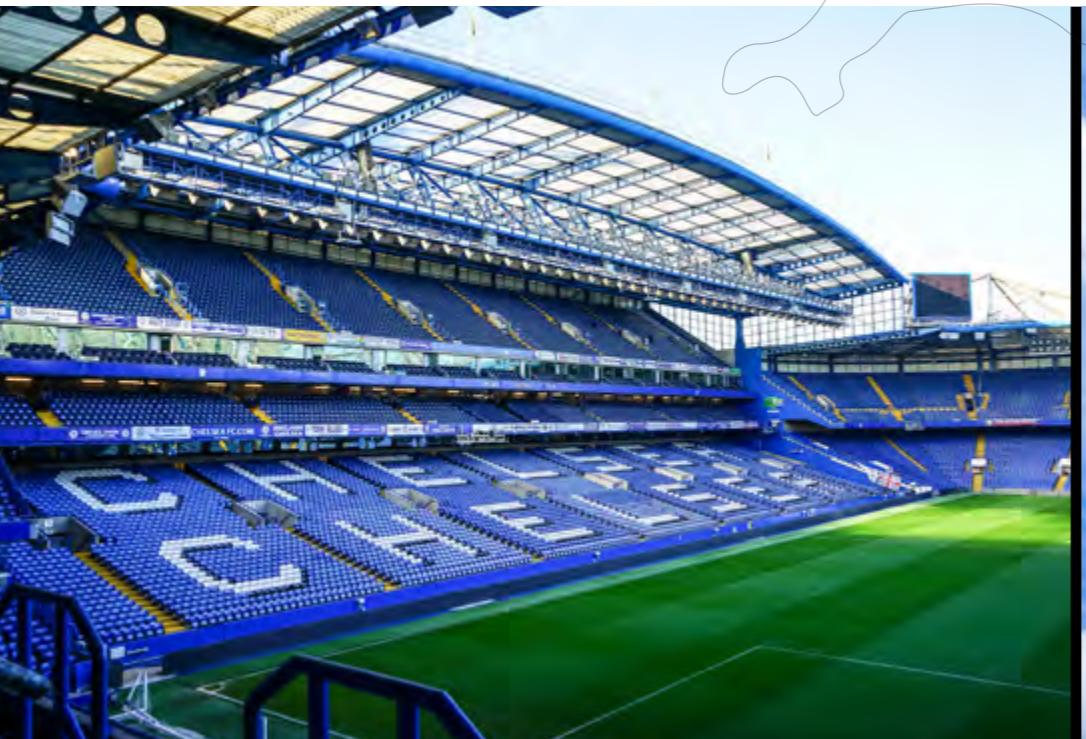
**THE CAMP
HAS BEEN BRILLIANT
FOR HER FOOTBALL
AND SELF-ESTEEM,
AND SHE HAS MADE
MANY FRIENDS FROM
AROUND THE WORLD
IN A WEEK**

– PARENT, CHELSEA FC CAMP 2023



CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions.



STAMFORD BRIDGE

EVERY WEEK

The trip to Chelsea FC's iconic stadium in West London includes a behind-the-scenes tour and a visit to the museum where players can learn about the evolution of the club and the secrets to their long-term success.

THEME PARK
• LONDON
CHARTERHOUSE SCHOOL



THEME PARK

13 NIGHT CAMPS ONLY

There's something for everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.



LONDON EXPERIENCE

13 NIGHT CAMPS ONLY

Players experience the sights of England's capital city including the famous 'Big Ben' and Buckingham Palace, rounding the day off with the chance to do some shopping.





LIFE ON CAMP

Camps are action-packed with sport, learning and meeting friends from around the world. Here are some useful insights about life on camp and how players are looked after.

ACCOMMODATION

Players stay in boarding houses on campus based on age group, with boys and girls in separate houses. All houses have a communal players' lounge for relaxing during downtime. Some boarding houses have single bedrooms only. Where houses have shared bedrooms, we may be able to accommodate roomshare requests.

DIET, NUTRITION AND HYDRATION

Meals are nutritionally balanced and designed for young athletes. There are a variety of options to choose from, including a vegetarian option. Welfare staff guide each player to ensure they are eating and drinking enough of the right foods during the camp. Coaches ensure players drink plenty of water during training sessions.

WELFARE STAFF

There is a dedicated camp management and welfare team on-site all day and night. They are trained to look after players' wellbeing and are always on hand to help, support and guide campers to reach their full potential.

MEDICAL AND INJURY

A nurse is available each day to monitor illness, medical conditions and dispensation of medication. Further support and advice is provided by an on-call private doctor. Sports therapists or physiotherapists are present during sports sessions in case of injuries and subsequently to advise on recovery.



A TYPICAL DAY

MORNING

- BREAKFAST
- MORNING MEETING
- FOOTBALL COACHING

AFTERNOON

- LUNCH
- ENGLISH OR WORKSHOPS
- RECOVERY + WELLNESS

EVENING

- DINNER
- FOOTBALL COACHING
- RELAX + LIGHTS OUT



DATES + DETAILS

CHARTERHOUSE SCHOOL

AVAILABLE CAMPS

TOTAL FOOTBALL

- Up to 24 hrs of football a week
- Up to 8 hrs of workshops a week

FOOTBALL+ENGLISH

- Up to 24 hrs of football a week
- Up to 13 hrs of English a week

DESIGNED FOR

- Girls aged 12-17
- Players who play regularly for school or club

EXCURSIONS

- Chelsea FC Training Centre
- Stamford Bridge Stadium + Museum
- London Experience (13-night camps only)
- Theme Park (13-night camps only)

6-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 07 Jul
- 08 Jul - 14 Jul
- 15 Jul - 21 Jul
- 22 Jul - 28 Jul
- 29 Jul - 04 Aug
- 05 Aug - 11 Aug

13-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 14 Jul
- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug





BOOK A FOOTBALL CAMP TODAY.

SPEAK TO YOUR AUTHROISED AGENT.



Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

© 2023 Copyright CMT Learning Ltd. All rights reserved. Nike and the Swoosh design are registered trademarks of Nike, Inc. and its affiliates and are used under license. Nike is the title sponsor of the camps and has no control over the operation of the camps or the acts or omissions of CMT Learning.





NIKE FOOTBALL CAMPS



BOOKING FORM 2024

Please note all fields are mandatory and **must be completed digitally**. Handwritten forms will not be accepted. To the extent certain fields are incomplete we, CMT Learning Ltd, reserve the right to return the booking form to you.

If you would like to book consecutive weeks, please tick all that apply. Camps run on 1- and 2-week cycles starting every week.

Bitte senden Sie Ihr Anmeldeformular an:

info@edulingo.de oder Fax: +49 (0)881 927 96 561

Edulingo Sprachreisen Lydia Kreyer, Geistbüchelstr. 12, 82362 Weilheim
Bei Fragen Tel.: +49 (0)881 927 96 560

CAMP DETAILS

DATES (MONDAY-SUNDAY)	DEVELOPMENT FOR: BOYS AGED 9-13	ADVANCED FOR: BOYS AGED 13-17		PERFORMANCE FOR: BOYS AGED 15-17	GIRLS FOR: GIRLS AGED 13-17	GOALKEEPERS FOR: BOYS & GIRLS AGED 13-17
	LANCING COLLEGE	CHARTERHOUSE	LANCING COLLEGE	SURREY SPORTS PARK	CHARTERHOUSE	CHARTERHOUSE
24 JUNE - 30 JUNE						
01 JULY - 07 JULY						
08 JULY - 14 JULY						
15 JULY - 21 JULY						
22 JULY - 28 JULY						
29 JULY - 04 AUGUST						
05 AUGUST - 11 AUGUST						
12 AUGUST - 18 AUGUST						

CAMP OPTION >

TOTAL FOOTBALL

FOOTBALL + ENGLISH

TICK HERE IF THE PLAYER IS A GOALKEEPER (on any camp):

WHO IS COMPLETING THIS FORM?

To complete this form, you must be one of the following.
By checking the box below, you confirm you are:

The parent / guardian of the player

Authorised by the player's parent /
guardian to complete this booking form

TITLE

FIRST NAME

LAST NAME

RELATIONSHIP TO PLAYER



BOOKER DETAILS

ADDRESS

PLAYER DETAILS

FIRST NAME

LAST NAME

DATE OF BIRTH (DD/MM/YYYY)

GENDER (Male, Female, Other)

NATIONALITY

PLAYER MOB (for emergency use)

Has this player attended a Nike Camp in the UK before?

YES. If so, which year?

NO

EMERGENCY CONTACTS

EMERGENCY CONTACT 1

This MUST be a parent of the child and this section
MUST be completed to accept your booking.

TITLE

PARENT FIRST NAME

PARENT LAST NAME

PARENT EMAIL

PARENT PHONE 1

PARENT PHONE 2

PARENT'S COUNTRY OF RESIDENCE

Mother / Father / Legal Guardian?

EMERGENCY CONTACT 2

TITLE

FIRST NAME

LAST NAME

EMAIL

PHONE 1

PHONE 2

RELATIONSHIP TO PLAYER

Mother / Father / Legal Guardian / Other (please specify)

ROOM SHARE REQUEST

It may be possible for players to share a room. However,
some venues only have single bedrooms and players may
only share if they are of the same gender and within 2 years
of each other's age. Room sharing cannot be guaranteed.

**If the player has a friend or sibling that they would like
to stay in a room with, please state their name:**



MEDICAL QUESTIONS

Does this player have asthma or any other similar condition?

YES NO

IF YES:

1. What is the name of the inhaler and strength of the inhaler?
2. What is the dosage and frequency of use of the inhaler?
3. Are there any storage instructions for the inhaler?

Has the player been hospitalised with this condition in the past 5 years?

YES NO

IF YES: Please provide a doctors note to medical@eurosportscamps.com stating the player is able to take part in an intensive sports programme

Does this player have diabetes?

YES NO

IF YES: Please provide details of the player's healthcare plan to manage their diabetes

Does the player have any diagnosed mental health conditions?

YES NO

IF YES: Please describe the condition(s) and include any details on how our team can support them

Does the player have any other existing medical conditions which may affect their ability to fully engage in a residential sports programme?

YES NO

IF YES: Please describe the medical condition(s)

MEDICATION

Medication must be bought in its original box and should have instructions in English.

Players should not bring non-prescribed medication such as ibuprofen and paracetamol, these will be provided by the camp and administered by qualified medical staff.

Will the player be bringing any medication from their Family Doctor/Paediatrician/GP to camp?

YES NO

IF YES:

Does the player have epilepsy or any other condition that causes blackouts, fits, or fainting?

YES NO

IF YES:

1. When was the player's last seizure?

2. What do the player's seizures usually look like?
E.g. what are the first signs? What happens next?

2. Please provide details on the dosage and frequency instructions for this medication(s) including when the medication should be taken

3. Please provide storage instructions for this medication(s)



ALLERGIES

Students with a history of severe allergic responses (needing treatment with Adrenaline auto-injectors) will be expected to bring two injector pens that will be within their expiry date.

Does the player have any food allergies?

YES NO

IF YES:

1. Please describe the allergy

2. Please confirm the player can self-identify which food they are able to eat

3. Does the player carry any emergency treatment for this allergy?

YES NO

IF YES: Please provide details of the emergency treatment

Does the player have any other allergies?

YES NO

IF YES:

1. Please describe the allergy

2. Does the player carry any emergency treatment for this allergy?

YES NO

IF YES: Please provide details of the emergency treatment

Has the player been hospitalised with an extreme allergic reaction in the past 5 years?

YES NO

IF YES: Please email us immediately at medical@eurosportscamps.com with further details

Does the player have any special dietary requirements?

YES NO

IF YES: Please give details of their dietary requirements

WELFARE

Does the player have a background of neurodiversity? e.g autism or ADHD

YES NO

IF YES: Please provide more details here

Does the player need any additional learning support in the classroom or in workshops?

YES NO

IF YES: Please provide more details here

Does the student need support with social interaction?

YES NO

IF YES: Please provide more details here

If there is anything else regarding the player that you would like our team to be aware of, please mention it here



TRANSFERS

Transfers are available to/from London Heathrow Airport (LHR) and London Gatwick Airport (LGW) at the following times:

Arrival Transfer: for flights arriving between 08:00 and 16:00 on Monday (first day of camp)

Departure Transfer: for flights departing between 11:00 and 18:00 on Sunday (final day of camp)

Please indicate if you require airport transfers:

Return Transfers

Arrival only

Departure only

No transfers required

Not sure yet

If you have already booked flights, please provide details.

If you do not have your flight details yet, please provide them to us by email at least 6 weeks prior to the camp start date.

ARRIVAL TRANSFERS

London Heathrow (LHR)

London Gatwick (LGW)

TERMINAL

AIRLINE

FLIGHT NUMBER

FLIGHT DEPARTURE TIME

FLIGHT ARRIVAL TIME

FROM WHICH CITY

FROM WHICH COUNTRY

IS THIS A DIRECT FLIGHT? YES NO

IF NO: Please provide flight number of connecting flight

Have you booked an unaccompanied minor service with the airline?

YES NO

How is the player flying? Please specify (on their own / with parent/guardian / with another player and parents / with airline unaccompanied minor service /other)

DEPARTURE TRANSFERS

London Heathrow (LHR)

London Gatwick (LGW)

TERMINAL

AIRLINE

FLIGHT NUMBER

FLIGHT DEPARTURE TIME

FLIGHT ARRIVAL TIME

TO WHICH CITY

TO WHICH COUNTRY

IS THIS A DIRECT FLIGHT? YES NO

IF NO: Please provide flight number of connecting flight

Have you booked an unaccompanied minor service with the airline?

YES NO

How is the player flying? Please specify (on their own / with parent/guardian / with another player and parents / with airline unaccompanied minor service /other)



CONSENT

Health Data GDPR Consent

We need your consent to process certain categories of personal health data relating to the Player under applicable data protection legislation so that we have a record of any health conditions affecting players and can provide suitable care. We may also disclose health data to health professionals assisting us in providing arrangements or care for players.

You have the right to withdraw the consent granted by you in this form by emailing us. This does not affect the lawfulness of the consent prior to its withdrawal and we may still be entitled to process health data for the purposes of safeguarding.

I give permission to processing the special categories of personal data set out above.

I agree that first-aid-qualified staff may treat the player for minor injuries (including cuts, grazes, sprains, bruises, and blisters) during the camp. Please note we cannot accept bookings without this consent.

I agree to camp staff administering non-prescription medicine (e.g. paracetamol, aspirin, cough medicine) during the camp.

Do you give permission for the player to attend off-site excursions?

YES NO

Do you give permission for the player to go swimming at venues with swimming pools?

YES NO

Do you agree that Euro Sports Camps may use photographs and other images of the player in their marketing materials?

YES NO

Bitte senden Sie Ihr Anmeldeformular an:
info@edulingo.de oder
Fax: +49 (0)881 927 96 561

Edulingo Sprachreisen Lydia Kreyer
Geistbühelstr. 12, 82362 Weilheim

Bei Fragen: Tel.: +49 (0)881 927 96 560

TERMS AND CONDITIONS

For more details about the terms of your booking, please see our Booking Terms and Conditions, available at eurosportscamps.com/booking-terms-conditions

For more details about how we use the personal data relating to you or the player, please read our Privacy Policy, available at eurosportscamps.com/privacy-policy

I confirm that all the information set out in this form is complete and accurate to the best of my knowledge and that I have read, understood and I accept the booking terms and conditions on the Euro Sports Camps website (www.eurosportscamps.com) and (as applicable) have made the holder of parental responsibility to the player aware of these terms and conditions.